

Lunch

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ Chicken Drumstick WG Parmesan Pasta Whole-Grain Corn Muffin Roasted Broccoli	2 Cheese-Stuffed Breadsticks <i>with Marinara</i> Roasted Brussels Sprouts Caprese Salad	3 All-Beef Hamburger on a Whole-Grain Bun Tater Tots Baked Beans
6 Korean BBQ Meatballs Whole-Grain Roll Brown Rice Stir-Fried Vegetables	7 Chicken Fajitas <i>with Whole-Grain Tortillas</i> Refried Beans	8 Baked Potato <i>with Chicken & Cheese</i> WG Soft Pretzel Steamed Broccoli	9 Whole-Grain Pizza <i>Turkey Pepperoni or Cheese</i> Parmesan Cauliflower Caesar Salad	10 Chicken Burger on a Whole-Grain Bun Potato Wedges Roasted Veggie Medley
13 Chicken Corn Dog Green Bean & Corn Casserole Maple-Glazed Baby Carrots	14 Whole-Grain Nachos Refried Beans Elotes All the Toppings	15 WG Ramen Noodle Bowl <i>with Chicken and Egg</i> Peas & Carrots Assorted Veggie Toppings	16 BBQ Pork Sandwich on a Whole-Grain Bun Tater Tots Coleslaw	17 No School <i>Homecoming Break</i>
20 Mandarin Orange Chicken Whole-Grain Roll Brown Rice Stir-Fried Vegetables	21 Beef Soft Taco Refried Beans All the Toppings	22 Ranch Chicken Drumstick WG Parmesan Pasta Whole-Grain Corn Muffin Roasted Broccoli	23 Grilled Cheese Sandwich Brussels Sprouts Roasted Tomato Soup	24 All-Beef Hamburger on a Whole-Grain Bun Potato Wedges Baked Beans
27 WG Chicken Tenders Whole-Grain Waffle Cheesy Creamed Spinach Apple-Glazed Sweet Potatoes	28 WG Chicken Burrito <i>with Rice & Beans</i> Fiesta Sweet Corn	29 Meatloaf Whole-Grain Roll Mashed Potatoes & Gravy Garlicky Green Beans	30 Individual Cheese Pizza Roasted Broccoli Caesar Salad	31 Chicken Burger on a Whole-Grain Bun Tater Tots Maple-Glazed Baby Carrots

Available Daily: Salad Bar, Fresh Fruit, 1% Unflavored Milk, Fat Free Chocolate Milk and Water

PreK-3 = Free of Charge	Grades 4 -5 = \$2.75	Grades 6-12 = \$3.00	Adults / Visitors = \$5.00	A LA CART = Not Available
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This institution is an equal opportunity provider.