Lunch

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheese-Stuffed Breadsticks *with Marinara Dipping Sauce* Roasted Brussels Sprouts Caprese Salad	2 Chicken Burger on a Whole-Grain Bun Potato Wedges Sunny Veggie Sauté
5 Teriyaki Chicken Whole-Grain Roll Brown Rice Sesame-Ginger Edamame	6 Whole-Grain Nachos *w/ cheese sauce* Refried Beans Elotes	7 Meatloaf Whole-Grain Croissant Mashed Potatoes & Gravy Garlicky Green Beans	8 BBQ Pork Sandwich on a Whole-Grain Bun Tater Tots Coleslaw	9 **No School** *Fall Break*
12 Chicken Corn Dog Green Bean & Corn Casserole Sweet Potato Puffs	13 Chicken Fajitas Cilantro-Lime Brown Rice Refried Beans	14 Turkey Chili con Carne Whole-Grain Tortilla Chips Cilantro-Lime Cauliflower	15 Whole-Grain Pizza *Pepperoni or Cheese* Lemony Green Beans Caesar Salad	16 All-Beef Hamburger on a Whole-Grain Bun Potato Wedges Mushrooms & Onions
19 Korean BBQ Meatballs Whole-Grain Roll Brown Rice Sesame-Ginger Zucchini	20 Pork Soft Taco Refried Beans All the Toppings	21 BBQ Chicken Drumstick WG Parmesan Pasta Whole-Grain Corn Muffin Roasted Broccoli	22 Grilled Cheese Sandwich Brussels Sprouts Roasted Tomato Soup	23 Chicken Burger on a Whole-Grain Bun Tater Tots Broccoli Salad
26 WG Chicken Tenders Whole-Grain Roll Maple Sweet Potatoes Green Bean Almondine	27 WG Quesadilla Pizza Fiesta Sweet Corn Salsa & Sour Cream	28 Baked Potato *with Cheese Sauce & Chicken* Whole-Grain Pretzel Roasted Broccoli	29 Beef Bolognese *with Whole-Grain Rotini* Whole-Grain Garlic Toast Roasted Zucchini	30 **No School** *End of 1st Quarter*

Available Daily: Salad Bar, Fresh Fruit, 1% Unflavored Milk, Fat Free Chocolate Milk and Water

PreK-3 = Free of Charge	Grades 4 -5 = $3.00	Grades 6-12 = $3.25	Adults / Visitors = $5.25	A LA CART = Not Available

This institution is an equal opportunity provider.