

Breakfast

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <i>Choose two:</i> Ham & Egg Fried Rice Yogurt Cup Whole Grain Cereal	2 <i>Choose two:</i> WG Maple Bar Scrambled Eggs Whole Grain Cereal	3 <i>Choose two:</i> Frozen Yogurt Whole Grain Oatmeal Whole Grain Cereal
6 <i>Choose two:</i> WG French Toast Sticks Turkey Sausage Links Whole Grain Cereal	7 <i>Choose two:</i> Whole Grain Mini Bagel Fried Egg Patty Whole Grain Cereal	8 <i>Choose two:</i> Cheesy Breakfast Scramble Yogurt Cup Whole Grain Cereal	9 <i>Choose two:</i> Whole Grain Muffin Scrambled Eggs Whole Grain Cereal	10 <i>Choose two:</i> Yogurt Smoothie Whole Grain Oatmeal Whole Grain Cereal
13 <i>Choose two:</i> Whole Grain Waffle Turkey Sausage Links Whole Grain Cereal	14 <i>Choose two:</i> Whole Grain Mini Bagel Fried Egg Patty Whole Grain Cereal	15 <i>Choose two:</i> Bacon & Potato Hash Yogurt Cup Whole Grain Cereal	16 <i>Choose two:</i> Fruit & Yogurt Parfait Whole Grain Oatmeal Whole Grain Cereal	17 No School <i>Homecoming Break</i>
20 <i>Choose two:</i> Whole Grain Pancake Turkey Sausage Links Whole Grain Cereal	21 <i>Choose two:</i> Whole Grain Mini Bagel Fried Egg Patty Whole Grain Cereal	22 <i>Choose two:</i> Ham & Egg Fried Rice Yogurt Cup Whole Grain Cereal	23 <i>Choose two:</i> Whole Grain Muffin Scrambled Eggs Whole Grain Cereal	24 <i>Choose two:</i> Cook's Choice Whole Grain Oatmeal Whole Grain Cereal
27 <i>Choose two:</i> WG French Toast Sticks Turkey Sausage Links Whole Grain Cereal	28 <i>Choose two:</i> Whole Grain Mini Bagel Fried Egg Patty Whole Grain Cereal	29 <i>Choose two:</i> Cheesy Breakfast Scramble Yogurt Cup Whole Grain Cereal	30 <i>Choose two:</i> WG Honey Bun Scrambled Eggs Whole Grain Cereal	31 <i>Choose two:</i> Yogurt Smoothie Whole Grain Oatmeal Whole Grain Cereal

Available Daily: Fresh Fruit, 100% Fruit Juice, 1% Unflavored Milk, Fat Free Chocolate Milk and Water

Preschool-12th = Free of Charge	Adults / Visitors = \$5.00	A LA CART = Not Available
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This institution is an equal opportunity provider.