

Life Skills Bilingual Language Arts:

This course builds skills in both English and American Sign Language (ASL). Students will strengthen their reading, writing, vocabulary, and grammar through real-world materials and current events. In addition, they will develop ASL grammar, vocabulary, and conversational skills to support communication and success in academic settings.

Life Skills Social Studies – Geography:

Students will explore geography, cultures, and community connections through hands-on, visual learning. Topics include maps, landforms, environmental changes, transportation, trade, and cultural traditions around the world. Learning will take place through individual practice, group collaboration, and project-based activities designed to build lifelong skills.

Life Skills Science – Biology:

This course introduces the foundations of biology, focusing on plants, animals, body systems, and human health. Students will also study personal hygiene, sexual health, healthy habits, and illness prevention. Learning emphasizes hands-on and visual experiences through individual, group, and project-based activities that connect biology to everyday life.

Life Skills Math:

Students will practice real-world math skills including addition, subtraction, multiplication, division, place value, fractions, geometry, time, money, measurement, data, and word problems. Instruction combines individual work, group learning, and project-based activities, with a focus on hands-on and visual problem-solving that supports lifelong learning.

Health

This one-semester course prepares students to make healthy choices that support lifelong well-being. Students will study the Health Triangle—physical, mental, and social health—while learning how decisions affect overall wellness. Topics include mental health, stress management, nutrition, fitness, healthy relationships, communication skills, drug and alcohol awareness, digital safety, first aid basics, and sexual health. Through interactive and project-based learning, students will practice real-world skills such as goal setting, problem solving, and self-advocacy.