

Terrier Times

Center for Childhood Deafness & Hearing Loss - Washington School for the Deaf

May 2013



From the Principal's Desk

Bill Newell, Principal

WSD is in the process of recruiting for a new **Secondary Principal** to replace me when I retire at the end of this school year. Interviews were conducted in March and we are awaiting the final outcome of that process. We will make an announcement as soon as we are able to.

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All Stars!

We hope you will want to attend our annual **All Star Day, May 23**. See further information in this newsletter. This is always a great way to finish up our school year. Parents are welcome to join our classrooms and follow their student's schedule at any time during the school day. At 2:00pm we will devote an hour to "show and tell," where our students from science classrooms will demonstrate their Science Fair projects; students from our Robotics class will demonstrate their engineering prowess; and students in our art classes will display their work. After school, parents and students will enjoy participating in our Senior Carnival fundraiser. At 5:00 p.m. parents and families will be our guests of a sit down banquet and awards ceremony in the cafeteria. Be sure you mark May 23 on your calendar to be here and celebrate another successful school year with us.



High School Soccer

Schedule

(Games at WSD)

May 2 - 6:00pm

May 7 - 6:00pm

May 14 - 6:00pm

May 21 - 6:00pm

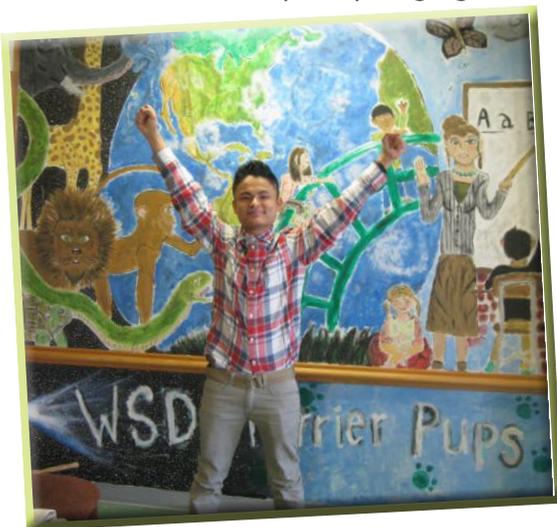


Northrop Elementary Updates

Shauna Bilyeu, Assistant Principal

Students and staff are busy reading books for the **500 Books Incentive Program**. Parents are encouraged to join in the fun and read, read, read! We will have weekly prizes for students who meet their goals (ask your child what they need to do to get a weekly prize-they should be able to tell you!), and a **SURPRISE** field trip on May 20th for students that meet their goals. Expect to see something from your child's teacher with more details, but be forewarned, we don't tell the students until we arrive at the destination where we are going! If you are interested in volunteering and joining us for this event, contact Molly McMullen-all volunteers need to be cleared with Sharon Caton. Please call if you have questions.

Other neat things going on around Northrop as I peek into classes: Preschoolers are engaged in a new way to learn about identifying and labeling their activities. It's a Language Experience Approach that involves video recording the students at play and an adult explaining what is happening in another video frame. Students later watch the video and see themselves playing and at the same time see the adult describing it! The students then describe in their own words what happened, borrowing from the adult's signing. It's fascinating and Stephanie says the kids love it because it's a direct connection to something that the students have experienced and are able to put language with it. It's always awesome to see how fast these kids pick up language!



The mural in the elementary office is finally finished! High school student Juan Aust has been working on this for 2 years! We are so proud and thankful for all of his hard work!

Kindergarteners and 1st graders are saving their "earnings" from their newsletter for a field trip to a restaurant. They have all written me letters explaining their choice of restaurant and why they should go to that one. It's a tough choice- McDonald's because it has a play land, Pizza Hut because it has video games (and the pizza is good!), and Dairy Queen because they have the best ice cream. I will have to deliberate long and hard on this one, but my main question is will they let me go, too? Raye will be communicating with parents regarding this field trip soon-so keep an eye out.

In addition to lots of other interesting things, 2nd graders are learning about predators and prey in the animal world. The day that I stopped by, they were playing a fun category game, similar to 20 Questions. In pairs, students had to guess what their animal was based on their partner's clues. It reminded me of the importance of playing language games such as this with children at this age. It teaches students how to ask questions, make inferences and educated guesses. Parents, this can be a fun dinner time game, but it also has far reaching gains for your child in terms of language acquisition, an area that we see sorely lacking in many of our older deaf/hard of hearing students.

The 3rd-5th grade classroom always has something going on! After learning about kites and building their own earlier this spring, students recently earned a bowling trip through acing weekly spelling tests, and earned an ice cream party by memorizing multiplication facts! They are rockin' and rollin'! On a sad note, we say goodbye to Marleah Jacobson at the end of April. She will graduate May 4th and is off to look for her own classroom to teach in the fall. The students and staff have all enjoyed working with Marleah tremendously and we will miss her!

Parents-mark your calendars NOW for All Star Day on May 23rd. The schedule will be a bit different this year with dessert and awards for Elementary students from 2-3 pm. ALL Terrier Pups will receive an award at this time (we've been tallying those PAWS they've all been earning!), so please plan to attend. Look for a flyer with more details soon if you haven't already received it. It will be important for parents to RSVP so that we can have an accurate count for food. I hope to see everyone there!



"Second graders are learning about predators and prey in the animal world."



WSD May Calendar

- Thursday, May 9 - Prom - Frogpond Grange, Wilsonville
- Thursday, May 16 - Bold Expressive Arts Theatre (B.E.A.T) - OSD Peck Gym - 7:00-9:00pm
- Monday, May 20 - 500 Book Club Field Trip - MS/HS Students
- Wednesday, May 22 - Last Day of Spring ASP
- Thursday, May 23 - All Star Day
- Wednesday, May 29 - Independent Living Skills (ILS) Rewards Trip - Big Al's
- Thursday, May 30 - Senior Tease - Kastel - 7:00pm
- Travel Days: 3,5,10,12,17,19,24,28, 31

May Day - May 1
 Memorial Day - May 27



Congratulations to the Cheerleading Squad 2013-2014!!!
 Norinston Joe
 Kayla Girard
 Froilan "JR" Alfonso
 Jessane Rogers
 Miguel Peregrino
 Maria Lopez
 Yajaira Bedolla

Math Team

Stowe Beecher, Teacher

Math Counts Competition is a competition for middle school deaf and hard-of-hearing students from around the country. Any deaf school or mainstream student who is deaf or hard-of-hearing can attend. The competition is modeled after the Math Counts competition which is a national competition for public schools. The competition is held at the Rochester Institute of Technology in Rochester, New York every year.

Brandy Pietsch, Cheyenna Clearbrook, Jadzia Ingram, and Cristian Martinez-White were selected this year to be a part of the math team. We practiced after school every Thursday from November until March. We sold lollipops and spirit fingers as a fundraiser and had several donations from different businesses.

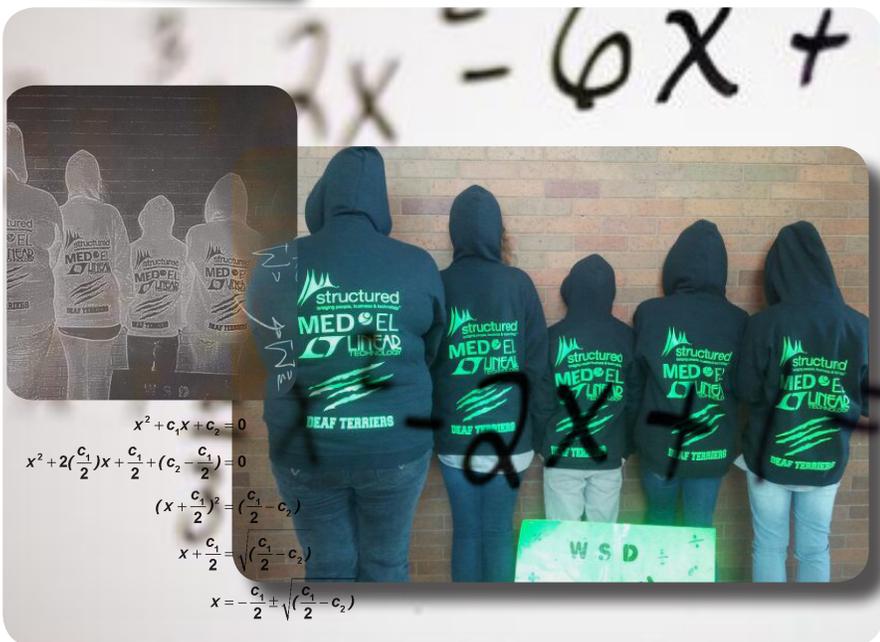
The team flew to **Rochester, New York**, on Thursday, April 4th and returned on April 7th. Students arrived in Rochester and started meeting other deaf and hard-of-hearing students their own age. Festivities started with a meet and greet dinner on Friday and the "team round" competition afterwards. Students had 10 questions to work on as a team to answer in 1 hour. After they answered the questions, they turned it in and it was returned to them with correct answers highlighted. They continued to try and get the right answer within that hour.

Saturday was a day full of competition. It started with two individual rounds; the sprint round which consists of 30 questions in 40 minutes, and the target round, which is two sets of 4 questions in 12 min. After lunch we had the team countdown, which consisted of the top four teams from the night before. Then came an individual countdown round where the top 8 individuals competed against each other to determine who the top scorer as an individual was.

Saturday evening just before dinner, we had an awards ceremony. All students were given a certificate of completion and a medal of participation. Trophies were also given to the top scorers, as well as most spirit. Our team placed 17th out of 22.

To complete the weekend, all students and coaches were bussed to a fun center downtown where the kids got to play mini golf, arcade games, or ride go-karts for free. It was a great social experience and a great way to let off some steam after a long hard day of competition.

Overall the students had a great time and they learned a lot about themselves and their skills. They were exposed to more Deaf adults and the college experience. They met many students from other schools and different states and discovered they still have a lot more to learn when it comes to math.



"Festivities started with a meet and greet dinner on Friday and the team round competition afterwards. Students had 10 questions to work on as a team to answer in 1 hour."

Curriculum and Assessment

Cathy Bennett, Curriculum and Assessment Coordinator

Your child is becoming more independent, yet still needs your support as much as ever. While you may decide to allow your child more independence in some areas, be sure to stay actively involved in your child's school. Research shows that children whose parents are engaged in their education are more likely to achieve academic success. Here are some tips for getting involved in your child's school learning experience.

You can check on the website: <http://www.schoolfamily.com/school-family>.

5 Tips for Parents

Ways to stay involved in your child's education

Get to know the teachers. It's a good idea to meet each of your child's teachers.

Ask about their expectations. Ask about the best way to get in touch if you have questions.

If the teachers use email, be sure to get their addresses.

Find a place for yourself at your child's school. School classrooms don't need extra adults on hand. But you can volunteer in other ways. Serve as an adviser for an extracurricular activity such as the school paper, science fair or help out in the computer lab. Being in the school is a great way to get a feel for what goes on there.

At WSD parents are welcomed as volunteers. Contact Sharon Caton at Sharon.caton@wsd.wa.gov, our WSD Volunteer Coordinator if you wish to volunteer at our school.

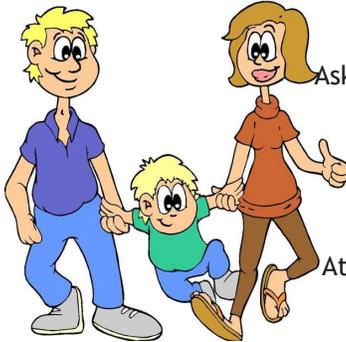
Go to school meetings and events. Attending plays, sports, family academy night, assemblies, and other activities is a good way to become familiar with your child's school community.

Talk to your child about school. Ask specific questions to draw out your child. Ask "How do you think you did on the math test?" "What games did you play in PE?"

Have conversations with your child about school.

Post a family calendar in a central place. Write down important school dates, including parent meetings, due dates for projects, and tests.

Encourage your student to add to the calendar and to check it daily.



Edward Allen Fay Award!

Jane Mulholland, Superintendent

At the annual Conference of Educational Administrators of Schools and Programs for the Deaf (CEASD) conference this month, our principal, Bill Newell, was honored as the recipient of the national **Edward Allen Fay Award**. The Edward Allen Fay award is given to a person for significant publications related to deafness. Bill met and exceeded these criteria by authoring or co-authoring 23 books, book chapters, pamphlets, and invited papers; by publishing 20 journal articles; by being involved in 17 conference proceedings; and, by participating in the development of 4 working papers.

Bill is an exemplary scholar and administrator. He is completing his 45th year in the field of education of the deaf. He holds a BA from St. Edwards University in TX, a master's in deaf education from St. Cloud State University in MN, and a Ph.D from Greenwich University in Hawaii.

Bill is retiring at the end of this school year, but his writing and professional life are far from over. He is currently working on another book, and WSD hopes to be able to continue benefiting from his wealth of knowledge and expertise. Bill has had an extremely impressive career; has made significant contributions to the field; and is working every single day of his last year with as much dedication and commitment as when he first began.

WSD is proud of you, Bill!

11th Annual All Star Day!
May 23, 2013

Parents! You're Invited!
Parents are invited to this event to recognize and celebrate the success of WSD students.

WSD

Book Fair 8:30-4pm
Transition Fair 9-12pm
Elementary Classroom Visits (Pre-5th) 12:40pm
Elementary Awards 2:00pm
Secondary Classroom Visits (6th-12th) 1:00pm
Secondary Science Fair, Robotic Exhibition,
G Art Exhibition 2:10pm
Carnival in Hunter Gym 3:30-4:45pm
Sponsored by the Class of 2013
Secondary Awards (Academic and Sports) 6:15-8pm

Dinner in Kastel Cafeteria 5:00pm
Please **RSVP** by **May 2nd** to receive 2 dinners **free**.
Dinner cost \$3.00
RSVP: Elementary: Molly McMullen
RSVP: Secondary: David Martin

For more information/RSVP: Elementary: Molly McMullen @ mollymcmullen@wsd.wa.gov 360.488.0444 or VP: 360.534.5449
Secondary: David Martin @ davidmartin@wsd.wa.gov 360.488.4344 or VP: 360.324.5775
Interpreters provided. Parents responsible for the supervision of their children while on campus \$3 for games and food

Student Health Center Nurses' Corner

Jillian Bain, RN, MS, FNP-BC and Jon Tannler, RN

The Down Side and Negative Impacts of ENERGY Drinks!

Many students feel the pressures of trying to balance and keep up with academics, extracurricular (after school) activities, exercise, family, and social lives - especially once you get to high school!! Sometimes, it seems that there are just not enough hours in the day to squeeze everything you need to do in, along with getting a good night's sleep. And, if you do manage to keep up with everything, you might just feel **WORN OUT!!** To compensate for these things, many kids turn to heavily marketed (and usually expensive) energy drinks to help them stay energized, and awake long enough to get everything done. These drinks claim to be healthy and offer extreme increases in energy and improved cognitive (brain) function, but this is not necessarily the case, and we **STRONGLY** recommend you educate yourself about these drinks, and question the safety of these (supposedly) "harmless" and "beneficial" energy-boosters before buying or consuming them.

The controversy about whether or not energy drinks are safe for students, or any person, is largely related to the high amounts of caffeine and sugar in the products. Energy drinks can be even more dangerous for young adults and children, because their bodies are smaller, and they (and their organs) are still developing. Energy drink consumption is becoming somewhat of an epidemic among young people in the U.S., which is very alarming. According to Hamptonroads.com, energy drink consumption has doubled in the past six years. In addition, Redbull makes up about half of all energy drink sales, and teens and young adults account for almost half of those sales.

High school and college students may resort to energy drinks to help them study late into the night, or just to feel that extra buzz at a party. According to Livestrong.com, four energy drinks a day can cause a serious physical and psychological addiction to caffeine. This may seem like a large number, but some students, who are unaware of the risks, come close to it every day.

Another mistake teens make is drinking energy drinks to get pumped for exercise or sports. The drinks can actually prevent an athlete's body from replenishing itself with necessary electrolytes during exercise, thus causing dehydration.

According to "Pharmacy Today," one serving of an energy drink does not contain a sufficient quantity of the beneficial ingredients to have much effect on the body, but consuming more than the recommended amount is dangerous because of the large quantity of sugar and caffeine. Currently, the research that is available has yet to prove conclusively whether energy drinks actually do increase energy and concentration.

What we do know, and have a good understanding about, is that excessive amounts of caffeine and sugar can cause restlessness, irritability, dehydration, concentration lapses and more. This is because those ingredients boost the heart rate and blood pressure, which can be very dangerous for people with pre-existing heart conditions or diabetes. Energy drinks are high in carbohydrates, which can slow the body's ability to absorb nutrients or vitamins (which are important when you are growing). One energy drink can contain caffeine amounts equivalent to 3+ cups of coffee. Furthermore, the caffeine in energy drinks is more dangerous because it has a stronger effect when added to another ingredient called Guarana, a powerful stimulant (which is often found in energy drinks).

The continuous debate over underage consumption of energy drinks flares up whenever there is a report of a hospitalization, or even a death, associated with these beverages. Fourteen-year-old Anais Fournier from Maryland died after drinking two 24-ounce Monster Energy drinks within 48 hours. Some argue that her death was the company's fault for advertising to children without explicitly stating the risks, and some say that it was the doctor's for not warning Fournier against consuming caffeine due to her preexisting heart condition, cardiac arrhythmia. Others argue that kids should be responsible and limit their intake of these heavily caffeinated drinks. There are some,



mostly parents, who would argue that these risks are not sufficiently outlined by energy drink companies, especially when advertisements directly target kids. Regardless of who is to blame, a young girl died when she shouldn't have, and her death could most likely have been prevented from her not drinking energy drinks.

Energy drinks escape Food and Drug Administration (FDA) regulations on caffeine quantities because the FDA considers them dietary supplements, which do not fall under the FDA's authority. Furthermore, although the Dietary Supplement and Nonprescription Drug Consumer Protection Act requires hospitals to report all accounts of serious health concerns related to dietary supplements such as energy drinks, these only include when people actually go to the hospital for their symptoms. For these reasons, health risks caused by energy drinks sometimes go unnoticed.

So, please, please, please know what you are drinking, and the risks and consequences it might have on your body. That leaves the BIG question... what is safe to drink? Water is always the best! Fruit (and vegetable juice) are great too! If sugar content of the juice is a concern- you can add water to the juice to lighten up the sugar. These alternatives are healthier and safer; still taste GREAT and give energy - plus are much less expensive!

Positive Behavioral Interventions & Supports (PBIS)

Piper Gallucci, Teacher

WSD believes a child who learns and knows appropriate social behaviors can be more successful academically, and in the long-term, as an adult. The **Secondary Behavior Matrix** is a description of expected behaviors that aligns with the WSD school culture of Terrier Pride. The Matrix outlines behaviors for different school locations that meet the rules for Respecting Self, Respecting Others and Respecting Property. Staff will teach and support the behaviors listed in the matrix. Please read the behavior matrix and review it with your child in the Secondary Program.

WASHINGTON SCHOOL FOR THE DEAF SECONDARY MATRIX 3/25/2013					
	HALLWAY	CLASSROOM	CAFETERIA	ASSEMBLY	LIBRARY
RESPECT SELF	<ul style="list-style-type: none"> walk be aware of environment 	<ul style="list-style-type: none"> walk be seated and focused arrive on time be prepared attend to instruction 	<ul style="list-style-type: none"> walk talk calmly at your table use polite language 	<ul style="list-style-type: none"> walk attend to presenter 	<ul style="list-style-type: none"> walk use time wisely
RESPECT OTHERS	<ul style="list-style-type: none"> Stay to the right keep hands and feet to self use indoor voice and signs 	<ul style="list-style-type: none"> Use appropriate language Keep hands and feet to self use only your hands raise hands or tap for attention turn-take 	<ul style="list-style-type: none"> enter and exit quietly stand in line keep hands/feet to self use appropriate language 	<ul style="list-style-type: none"> attend to presenter applaud when appropriate inform staff when you leave keep hands and feet to self sit in designated area 	<ul style="list-style-type: none"> enter and exit quietly use indoor voice and signs keep hands and feet to self
RESPECT PROPERTY	<ul style="list-style-type: none"> touch only your items MS leave items in cubbies HS leave items in green room 	<ul style="list-style-type: none"> put away items Clean work area push in chairs 	<ul style="list-style-type: none"> put away trays Clean tables push in chairs 	<ul style="list-style-type: none"> Clean your area 	<ul style="list-style-type: none"> put away books in monster box push in chairs handle books with care



Student of the Month for March

Astounding Attending
Jeremy Descloux

3 R Superstar
Kaja Stone
JR Alfonso

Positively Prepared
Jackie Wiles

Stupendous Spirit
Kyle Culmer

Momentous Motivation
Math Team Kids
Brandy Pietsch
Cristian Martinez-White
Cheyenna Clearbrook
Jadzia Ingram
Adam Arntz

Inspiring Improvement
Brandy Pietsch
Caleb Plock
Andy Fick
Enrique Rodriguez
Alondra Zepeda

Super Supportive
Jessane Rogers
Noah Tufton
Miguel Peregrino
The Gay Straight Alliance
Wyatt Hurd

