

Terrier Times

Center for Childhood Deafness & Hearing Loss - Washington School for the Deaf

April 2014



From the Superintendent's Desk

Jane Mulholland, Superintendent

Dear Families and Friends:

The last couple of months have been exciting at WSD. Our students and staff have been amazingly busy, and have been accomplishing great things. Some of the highlights include:

- Hosting the Western States Basketball and Cheerleading Classic where our boys took 4th place, our girls took 2nd place and our cheerleaders took 1st place.
- Participating in the Western Regional Academic Bowl with our team going 4 - 4 against stiff competition.
- Traveling to AZ to compete in the Iron 5 middle school basketball tournament; our team took 3rd place.
- Making it to the national finals in the Battle of the Books competition; looking forward to the finals at Gallaudet University in May.
- Preparing for the middle school math competition at the National Technical Institute for the Deaf in April.

These special events are able to happen because of the hard work of staff and students who fundraise, practice outside of their regular school day, and bring an extra level of commitment to everything they do. They also happen because you, the parents, contribute to the financing of the activities and support your child to be the best he or she can be. Thank you!

And speaking of exciting events, please mark your calendars for **May 22—All Star Day!** We have a full day of great activities planned, including a Transition Fair, science fair, class visitations and awards. We hope each of you will be able to join us. Watch for more information coming soon.

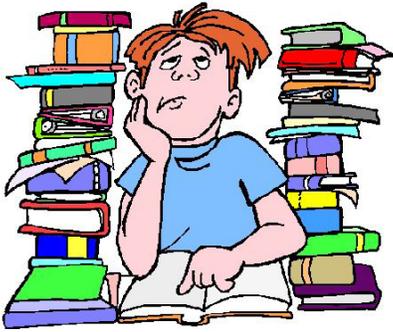
Wishing you each a beautiful spring as we head into the last quarter of the 2013-14 school year.



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Measures of Academic Progress (MAP)

Important updates and reminders for Terrier Pups and their Families

- April-500 Books kick off
- Spring ASP begins-April 21st
- FAN-April 17th
- FAN end of year BBQ-May 15th- look for details on this soon!
- Surprise field trip in May to be announced.
- All Star Day-May 22nd

Parents & Terrier Pups!

Shauna Bilyeu, Elementary Principal

Terrier Pup Families:

It's hard to believe, but we are more than three quarters done with the school year! It's time to start thinking about the end of the school year activities and summer plans. One exciting event that happens every May is the Family Camp in Ellensburg, WA. This is a time for families all over the state of Washington to gather in a camp setting and learn about resources and topics specifically geared towards families of deaf and hard of hearing children. I encourage you, whether you live locally or farther away, to attend this special event. I will be there talking about partnerships between families and school. The camp information is posted on the WSD Elementary Facebook page. You may also contact Bethany Moreland, Northrop secretary, for more information.

With the arrival of spring, also comes testing season. **WSD students in grades 2-6 will participate in Measures of Academic Progress (MAP) testing in April and state-wide assessments in May.** Teachers will send home more detailed information about exactly when your child will participate, but please help us to assure your child that these assessment are to help us know how and what to teach. Many students can have test anxiety and while it is important for students to try their best, we certainly don't want the assessments to overshadow the joy of school and learning. Parents will receive MAP assessment scores at IEP meetings and state-wide assessment results through the mail next fall. Enjoy the spring!

TERRIER PRIDE MEANS TO BE PREPARED!

J. Piper Gallucci, Teacher and PBIS Coordinator

Be Prepared is one of five classroom rules in secondary school. However, what it means to be prepared varies depending on location and expectation. In P.E. it means to have your shorts and gym shoes. In the classroom it means having paper, pencils, USB, notebook, and homework. To be prepared also means that your child is mentally alert and attentive. It means they are checking in by asking themselves, "What do I need to be doing right now?"

The home is an important link to a child's preparedness skills. Check-in with your child frequently to make sure he or she has the materials needed for class. Pencils and paper deplete quickly and need frequent supply. Make sure your child is getting enough rest and sleep. A child who has had a full 8-hours of rest is prepared for the social and academic rigors of school. Children who eat breakfast can attend to the day's lessons. Ask your child what his/her homework is every night and set up a regular time and place for she or he to do the work. WSD middle school students are required to use a daily planner. This is a life-long skill for organization and being prepared for the day. Check your child's planner daily to see what the homework expectation is for each class.

At WSD we recognize and appreciate the support parents provide their children. Together we help our students to prepare not only for school, but for the rest of their lives.

Cochlear Implant Camp!
Lake Wenatchee YMCA Camp
June 13-15, 2014

Cost: \$125/Adult (ages 16 and older), \$85/youth (ages 6 -15) and no charge for children under 6 years of age. If all guests are not Wenatchee Valley YMCA members, please add \$20.00 to the total cost

For More Information Contact
Diane Cruickshank
217 Orondo Ave
Wenatchee, WA 98801
www.CIFamilyCamp.com
Registrar@wenymca.org
(509) 1662-2109

April Calendar

Spring Break Reminder - April 7-11
 Family Academy Night (FAN) - April 17
 Early Release - April 17
 Travel Days 4, 13, 18, 20, 25, 27

Please consider joining the **Washington Sensory Disabilities Services (WSDS)** state wide parent listserv. Our members are parents from all over Washington State who have deaf or hard of hearing children. This listserv can be used for general information sharing (workshop opportunities, conferences, camps and activities for families) as well as topic discussions. Parents@wsdonline.org creates an opportunity for families to share experiences and successes, and a forum for addressing family issues. It is a place to ask questions, make contacts, and discover resources.



To be added to the list please contact
 Christy Camarata at camaratac@cwu.edu.

Student of the Month for February

3 R Superstar

Tredynn Selvog
 Positively Prepared
 John Smart

Momentous Motivation

Randall Smith
 The Green Team
 Zhano Ingram
 Jacob Tufton
 Jadzia Ingram
 John Smart
 Cristian Martinez-White
 Taylor Payne

School Spirit

Haili St. Louis

Inspiring Improvement

Bianca Castanada-Basilio
 Emilie Ford
 Jeremy Descloux
 David Green

Super Supportive

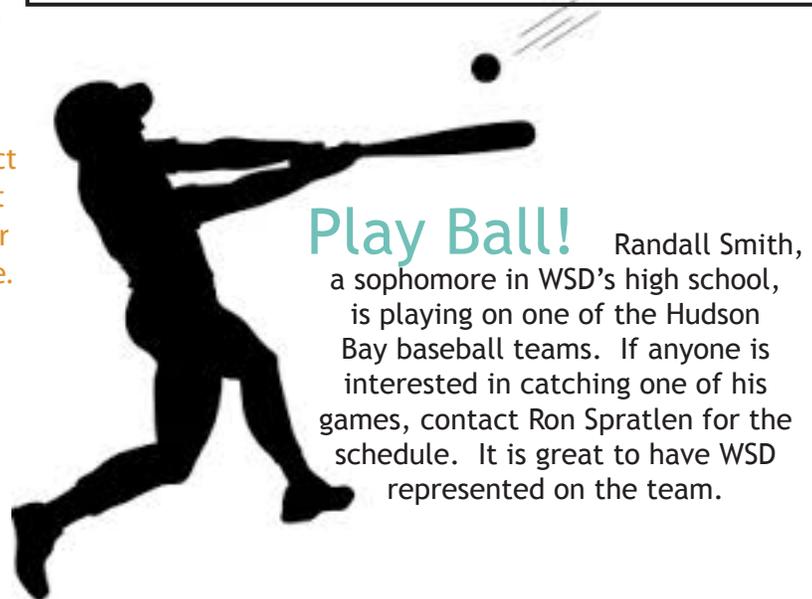
Wyatt Hurd
 Cassie Tracy



Please check your student's lunch account balance. Contact Kay Pedisich at kay.pedisich for current balance.



"Flying Hands" ASL Poetry Competition Recap



Play Ball! Randall Smith, a sophomore in WSD's high school, is playing on one of the Hudson Bay baseball teams. If anyone is interested in catching one of his games, contact Ron Spratlen for the schedule. It is great to have WSD represented on the team.

Nurses' Corner

Jillian F. Bain RN, MS, FNP-BC



Spring has officially sprung! Unfortunately, with all the warmer spring weather, and beautiful spring blossoms, also comes seasonal allergies for many of us. This month we, at the SHC, would like to share with you some of the causes, signs and symptoms of seasonal allergies, as well as provide you with a few helpful home remedies and common treatments.

Some common triggers for allergies are: grass, weeds, pollen from trees, plants and flowers, dust, mold, and pet dander from cats and dogs. Symptoms of allergies include runny nose (usually with clear drainage), sneezing, coughing, throat tickle, and itching, watering eyes, and/or a post-nasal drip. Allergy symptoms may become worse on windy days due to the increase in pollen circulation, and may decrease on rainy days.

So what can we do to minimize allergies and improve our symptoms and enjoy spring time? Keeping your home cool (68-72 degrees), with low humidity (40-50%), and well ventilated, is a good way to start. It is also helpful to minimize dust and allergens in the home by cleaning regularly; including vacuuming, dusting, and reducing clutter. A deep clean is not always necessary to rid your home of allergens and improve symptoms. There are also plenty of over-the-counter home remedies and medications to use to help manage allergy symptoms. These include the Neti Pot, saline nasal sprays, Claritin, Zyrtec, Allegra, Benadryl, etc. We recommend you consult with a physician before the use of any medications.

It is important to be aware that persons with asthma may have increased attacks during this time. Symptoms of asthma include shortness of breath, chest tightness, wheezing, and coughing. It is recommended children with asthma minimize their time spent outdoors during heightened allergy season, especially before 10:00 am, when pollen is at its peak. Have your child wear a scarf to cover his/her mouth and nose on cold spring days, and remember to change clothing when returning indoors to minimize further pollen exposure. Asthma prescription medications should be refilled, checked for expiration, and kept in an easily accessible place at all times. This is especially important during allergy season due to the increased possibility of need for use. If you or your child experiences any symptoms of asthma for the first time, you should see a doctor right away!

We hope these tips help, have a very happy spring and a safe Spring Break!

<http://www.webmd.com/allergies/guide/spring-allergies>

http://kidshealth.org/parent/medical/asthma/weather_asthma.html

http://www.medicinenet.com/allergy_treatment_begins_at_home/index.htm



The **Bellevue College ASL Club** would like to inform you that we will be organizing an ASL performance this Spring and would love for you to join us!

"My Father's Gift" will be performed in ASL by Wink!

More information on this story and our performer can be found at <http://www.winkasl.com/Wink/Shows.html>

This is a wonderful opportunity to experience a dramatic, heartfelt story told by an amazing performer who is in demand nationwide, and meet other ASL students, ASL teachers, and other members of the Deaf community! We welcome you to spread the word to those who may be interested, and look forward to seeing you!

Date: Friday, June 6, 2014

Time: Doors will open at 7:30pm

Performance 8:00pm-10:00pm

Where: Lake Sammamish Foursquare Church
14434 NE 8th St - Bellevue, WA 98007

Tickets will be sold at the door and will cost \$10 (Cash only please!)

The performance will be conducted in ASL, but will also be voice interpreted so all levels of ASL proficiency (including non-signers) are welcome!